

# Summer sun

The longer, hopefully sunnier days we see in the summer have a dark side – namely the dangerous levels of ultraviolet radiation from the sun – the main cause of skin cancer. A few startling facts:

- More than 1,500 people get skin cancer as a result of uncontrolled sun exposures at work.\*
- Occupational skin cancer kills 60 people in Britain each year.\*

All of this can be avoided by making sure you and your employees are fully aware of the dangers, as well as the precautions you can take. The HSE guidance below is a good place to start.

## **HSE guidance on outdoor workers and sun exposure**

\*IOSH's No Time to Lose campaign <https://www.notimetolose.org.uk/>  
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